



Resources: **Your Dementia Adviser**

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Your Dementia Adviser should be the first port of call after a diagnosis of dementia.

There are nine Dementia Advisers in Wiltshire. They are not medically trained, but have a specialist understanding of the needs of people living with dementia and a great deal of knowledge about services in the community that can help.

They provide confidential advice and up-to-date information that can help people to understand more about dementia and what might happen in the future, and to make informed decisions about care, treatment and support.

The kinds of things they can help with include:

- finding support groups and community activities
- support and training for family carers
- emotional support for the whole family
- advice on living well with dementia
- planning for the future
- financial and legal advice, including benefits and capacity
- Lasting Powers of Attorney
- practical help in the home
- answering common questions eg about continuing to drive
- accessing occupational therapy or speech therapy
- arranging day care or respite care
- advice on nutrition ...and much more



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They take as their starting point the fact that everyone will have differing needs and preferences.

Dementia Advisers will visit at home or meet people privately at GP surgeries. They will discuss your needs and work with you to draw up a Support Plan. This will be reviewed every six months, although families can talk to their adviser at any point as their situation and needs change.

The Dementia Advisers are employed by Alzheimer's Support and the service is funded by Wiltshire Council and Wiltshire Clinical Commissioning Group.

Fill in a self-referral form <https://www.alzheimerswiltshire.org.uk/forms/dementia-adviser-referral>

Your GP should refer you to the Dementia Adviser for your area but you are welcome to get in touch yourself if this does not happen. To find your Dementia Adviser call 01225 77648 (West and South Wiltshire) or 01380 739055 (North and East Wiltshire)

